



Message from the President

Dear ADSA Members

REMINDER: NOMINATIONS FOR ADSA EXECUTIVE COMMITTEE 2013-2015

On behalf of the current ADSA Executive Committee, I would like to invite you to nominate potential candidates for your ADSA Executive Committee for the 2013-2015 term of office.



All portfolios are routinely open for nominations during this process. Nominees for the Executive Committee must be immediate previous or present members of the Branch and /or Executive Committees.

The portfolios on the executive committee include President, Private Practicing Dietitians, Communications, Continuous Professional Development, Sponsorship, Member Relations, Public Relations, Representation and Public Sector Dietitians.

Once nominations have been received, ballot papers will be sent to all ADSA members for voting.

Please take note of the following:

Members with voting rights

All full members of the Association whose membership fees are not in arrears for the current year, shall be eligible to vote. Honorary members and retired members of the Association, who were full members before retirement shall be eligible to vote.

Term of office

- a) The official term of office of the Executive Committee shall be two (2) years running from July 1st 2013 to June 30th 2015.
- b) The President of the Association may be re-elected, but not for more than three terms of office.
- c) Portfolio holders shall be elected for one term of office, but may serve for three (3) consecutive terms of office in the same portfolio. After the lapse of one term of office, they shall be eligible for re-election to the same portfolio (ADSA Constitution).

Completed [nomination forms](#) must please be returned via post or fax to the Secretariat in the National Office of the Association to reach us no later than the **20th May 2013**.

Postal address: Association for Dietetics in South Africa
P.O.BOX 868
FERNDALE
2160
OR
Fax: 086 6347579

Yours Sincerely

Berna Harmse RD (SA)
ADSA PRESIDENT (2011-2013)

Portfolio: CPD

Ethics CPD article for all ADSA members

Each registered health professional is required to engage in CPD and accumulate 30

CEUs per 12 month period of which at least 5 CEUs should be for ethics, human rights and medical law.

ADSA invites all dietitians and nutritionists to partake in the ethics article activity and earn 3 ethics CEUs. Please read [this article](#) and complete [these questions](#). You will earn 3 CEUs if you answer 70% or more of the questions correctly. The closing date is 1 December 2013 and answer sheets should be sent to info@factssa.com or P.O. Box 565, Milnerton, 7435. The CPD certificate will be sent within two month after receipt of the answer sheet. The article and questions are also available on the [ADSA website](#).

For further information, please contact Charlene Goosen at cpd@adsa.org.za.

Portfolio: Communications

Dietitian on the Move

Name: Candice Smith

Field of speciality in Dietetics:

Corporate Research and Development

Position/Title: Dietitian for Vitality

Research and Development team

Where do you work: Discovery Vitality in

Sandton



How long have you worked in this field: 4 years (since 2009)

What does a general day (or month) look like? I am involved in all aspects related to Nutrition for the Vitality programme globally and so am involved in a huge variety of exciting projects at any one time. Some examples of what I do on a daily basis include, meeting with

potential partners, maintaining the HealthyFood benefit and overseeing member queries, new product development and launching of new nutrition programmes for Vitality, weekly nutrition blogging on LivingVitality, PR and media engagements and Nutrition research.

What is the most gratifying part of your job/field of work? I am very lucky to be part of an amazing team at Vitality R&D and it is a huge privilege to be able to say that I still learn something every day. We are exposed to leaders in their fields on a daily basis and get to conduct research and develop programmes with people I only ever used to read about.

What do you least enjoy about your job/field? Honestly? Nothing.

Portfolio: PPD

Professional Indemnity Cover

Please remember that it is compulsory for all professions working in the private sector to have indemnity in place. If you are not already covered then please review details on the available options below and if you are already covered remember to renew your policy on an annual basis.

ADSA has arranged for our own professional indemnity cover options, through Intersure, for all ADSA members which has been effective since the beginning January 2013. Different cover options are available and Intersure has urged dietitians to review their risk and select their cover options carefully, rather than automatically choosing the cheapest option. Sometimes it is worthwhile spending a little bit extra for greater coverage.

Please note that while ADSA has been the middle man in arranging this, it is the responsibility of each dietitian wanting to take this indemnity out to arrange this directly through Intersure.

Contact details (also included in the proposal form) are as follows:

enquiries@intersure.co.za or contact number 0861 112 344. The contact person is Darius de Vries and he can be reached on 0861 468 377.

Please find the [professional indemnity policy wording](#) as well as the [individual proposal form](#) for you to complete and return to Intersure. Information on this is also available in the PPD section of the ADSA website.

Details of the policy are as follows:

Insurer

Etana insurance ltd will be the underwriter. They have been voted the countries best corporate short term insurer for 2012 and currently also insure other medical representative bodies with similar schemes. Their ability to pay claims have been proven and have a very good credit rating of A+ with outstanding year on year financial results.

Premiums

1. Following our investigation and motivation the following annual premiums have been negotiated .
 - R 500 for a R2 500 000 Limit of Indemnity
 - R 980 for a R5 000 000 Limit of Indemnity
 - R1940 for a R10 000 000 Limit of Indemnity
2. The premiums are all inclusive of VAT, Commission and Administration fees
3. Premiums are subject to standard inflationary increase of between 7 -10%

Limit of Indemnity

1. Indemnity sums insured are inclusive of Public, Malpractice and Products Liability
2. The Limits of Indemnity will be in respect of the individual member and not the practice
3. Other extensions including Legal defense cost are also included

Basis of Cover

1. Professional Indemnity
 - The insurer will pay on behalf of any member all damages resulting from any claim for breach of duty of the member by reason of any negligent act, error or omission, committed in the conduct of the business activities by the insured
2. Medical Malpractice
 - Claims arising out of death, bodily or mental injury to and/or illness or disease sustained by any patient caused or alleged to have been caused by Malpractice, negligent act, error or omission in the professional services rendered, or which should have been rendered

3 Products Liability

- Cover for claims arising out of defective products which cause bodily injury or damage in the course and scope of rendering professional services. The Insurer will indemnify the Insured for Legal defence costs and any awards made against the Insured in cases involving products sold, supplied or distributed, but not manufactured by the Insured

Deductible/ Excess

1. The Deductibles range between R1000 and R5000 for each and every claim.

Retroactive Date

1. Inception of 12, 24, 36 months can be added but subject to an additional premium

Proposal Form

An individual proposal form is attached for each member wanting to take this insurance out to complete.

General Terms and Conditions Wording & Schedule

No special terms or conditions have been imposed on the scheme. All cover is subject to the standard policy wording as provided.

For any PPD related queries please contact Jenny Meyer - jenny@mmedietitians.co.za

Portfolio: Sponsorship

Diamond Sponsor:



ADSA 2013 Sponsors:

Nestle	Diamond
Unilever	Platinum
Kellogg Company of SA	Platinum
Pick 'n Pay	Platinum
DSM	Platinum
Woolworths	Gold
Canderel	Silver
Parmalat	Silver
South African Poultry Association (SAPA)	Silver

Featured ADSA Sponsor: Parmalat

Our featured ADSA Silver Sponsor is Parmalat. Parmalat is proud to offer medical professionals the opportunity to earn valuable continuing education units (CEU's).

They have developed a website to provide the latest articles of interest while at the same time developing knowledge and skills.

Earn your CEU's by clicking onto the Parmalat Functional Milks website.

<http://www.functionalmilk.co.za/mediac1.html>



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