

EXTRA



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The ADSA Newsletter

• June 2007 •

Message from The President

Albert Einstein once said:

“A human being is a part of a whole, called by us 'universe', a part limited in time and space. He experiences himself, his thoughts and feelings as something separated from the rest...a kind of optical delusion of his consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty.”

René Smalberger RD(SA)
ADSA President (2006-2008)

KZN Branch News

The KZN Branch had a very successful meeting on Friday 22nd June 2007.

The meeting was held at the University of KZN at the Agricultural Campus, many thanks to the Dept of Dietetics and Human Nutrition for allowing us to use their lecture room.

Our speaker for the day was Prof. Marietjie Herselman, who discussed the 2005 renal exchanges and gave a wonderful practical session on how to use them.

We also had a talk by Elaine from Fresenius Kabi on their homecare program which was very informative.

Nicole Sacks joined us for a presentation on Nando's and their products. Many thanks must go to our 2 sponsors for the day, Fresenius Kabi and Nando's. The day and the lunch were both wonderful.

News and congratulations from KZN goes to the following:

- Marie Patterson who completed her PhD
- Keri Strachan who is expecting the birth of her first child

KZN has many dietetic positions available in the food service sector. Please contact me if you need any further information.

Celeste Heine RD(SA)
Regional Dietician-KZN

CPD News

We have now had 6 months of the new CPD system being compulsory. Remember that you should accumulate 60 CEUs over a period of 24 months.

Keep record of all your activities in the case of an audit.

If you have any questions regarding the new CPD system, you are welcome to contact us: (021) 551 2993 cpd@adsa.org.za

Debbi, Carine & Karen

ADSA Welcomes Nestle Nutrition Institute Africa

The ADSA Executive Committee welcomes the NESTLE NUTRITION INSTITUTE AFRICA (NNIA) on board as a silver sponsor. Please visit their website for exciting information www.nnia.org

The NNIA seeks to support healthcare professionals and scientists as they serve those who wish to make sound nutrition choices for themselves and their families.

Mission

- The NNIA is a multidisciplinary educational organisation
- Dedicated to the science of healthy nutrition for people of all ages
- The Institute will provide information, guidance and support to bridge the latest scientific discoveries and their application to achieving optimal nutrition.

Leigh-Ann Silber

ADSA Executive: Sponsorship Portfolio

Sports Medicine Association to Host International Sports Medicine Congress

The 12th Biennial Congress of the South African Sports Medicine Association, in conjunction with the South African Rugby Medical Association, will host an International Sports Medicine Congress in Pretoria from 14th November – 16th November 2007.

The academic programme is being developed to provide sports medicine practitioners, physiotherapists,

biokineticists, orthopaedic surgeons, dietitians, and other allied health professionals with the latest and an updated knowledge base in the multi-disciplinary field of exercise science and sports medicine.

The congress will be accredited for CPD points.

Closing date for early bird registration is 30th June 2007.

Closing date for submission of abstracts is the 24th August 2007.

For further information contact the congress organiser Lauren Mann Tel: 011 717 3372 / 073 886 7970
lauren.mann@wits.ac.za

Karen Horsburgh
ADSA Executive: Representation Portfolio

SAJCN Competition – Click and Win R500

As subscribers will have noticed, the covers of SAJCN over the past few issues have featured food/nutrition-related photographs.

Unfortunately, the series of photographs acquired for this purpose is almost exhausted.

We therefore invite subscribers to send in suitable photographs for the forthcoming issues of the journal.

The digital photographs should be related to food and nutrition issues/activities.

They must be submitted electronically (minimum 300 dpi resolution) to [Emma Buchanan](mailto:Emma.Buchanan@adsa.org.za) with a copyright declaration that the photograph can be published in the SAJCN, and that permission has been obtained from any identifiable person or people featured.

If there is any story or background that adds to your picture's interest, please send it too and if we use the photo we will find space for it!

The photographs will be evaluated by a panel of artists, whose decision will be final. The winner(s) will receive R500 per photograph.