

**MINUTES OF THE ADSA KZN BRANCH MEETING,**  
**HELD AT UKZN-Agriculture campus**  
**ON 25 June 2008**

**1. Welcome & Introduction**

Angie Steyn(AS) opened the meeting at 9:10am and welcomed all present.

**2. Present and Apologies**

**PRESENT**

Austin Genevieve(Jardien)  
Ayah Rosemary  
Bure Kim  
Bhoola Aneesa  
Botha Myriin  
Boikanya Neo  
Brauka Dorta Ruiz  
Campbell Jade  
Cavanagh Richelle  
Chitwayo Nokuthula  
Curr Rowena  
David Chantal  
Deonarain Pranisha  
De Witt Christelle  
Dlamuka Thobe  
Dolloway Kerry  
Esteeves Hilda  
Galliers Joanne  
Gregerson Sharon  
Gould Robyn  
Ismail Nasreen  
Jarvie Penny  
Kassier Suna  
Kalinowski Alicja  
Khanyile Bongekile  
Le Roux Louise  
Maharaj Risha  
Maharaj Ishana  
Maharaj Kirasha  
March Tanya  
Mbatha Ziningi  
McLennan Candice  
Meaker Jill  
Memela Mbali  
Mngoma Gugu  
Mtshali Pride

Myeza Sdu  
Nxumalo Mpume  
Ogilvie Sue  
Oldfield Danielle  
Parnell Claudia  
Pillay Kirthee  
Pillay Zeriuah  
Reid Tamaryn  
Rawat Zarina  
Roberts Belinda  
Ross-Elliot Alex  
Saayman Marie  
Scharlach Elsmarie  
Seetal Priya  
Seevarparsaid Arisha  
Shortt Dannon  
Steyn Angie  
Strachan Keri  
Viljoen Mare  
Winckworth Sprague  
Wiles Nicky

**Apologies:**

Inga Rautenbach  
Phillipa Courtenay  
Francesca Esposito  
Vaneesa Leenstra  
Nomfundo Mahlanze  
Caryn Davies  
Celeste Heine

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**3. Acceptance of previous minutes (14.03.2008)**

The minutes were accepted by Penny Jarvie and seconded by Tammy Reid.

**4. Matters arising from the previous minutes**

**4.1 Upcoming ADSA KZN Branch Meetings:**

**4.1.1 12 September 2008:Low GI foods cooking demonstration and update: Paradise Valley Conference centre(TBC)**

**4.1.2 21 November 2008: Ethics meeting and article.**

**4.2 Updating of website:** news will come from Celeste at next meeting

4.3 Meeting fees: the meeting fees have increased to R100 for non members and R30 for members, because of the fact that it worked out to be cheaper to be a non member than a member if annual fees and meeting fees are considered.

## 5. New Matters

**5.1 ADSA KZN registration 2007/ 2008:**Please send queries directly to [roberta@vdw.co.za](mailto:roberta@vdw.co.za) , AS has received a copy of all the latest paid members for KZN.

**5.2 HPCSA registration 2008-**If you have not yet received your card you should send an email to HPCSA dietetic department.

**5.3 Meeting fees:** many members have been complaining about the fees per adsa meeting. Celeste explained that this is because the funds for each meeting are used for the presenter and the running of the meeting itself, our annual fees go to the national ADSA.

## 6. Congresses

**6.1 SAAFOST and ADSA: food safety:**Carol Browne reported that it will be held on 7<sup>th</sup> July, 4:30pm for 5pm at the Westville Country Club and on 6 August 4:30pm at Kaya Limbali. Food labels,choices. Carol Browne will be presenting. More information to follow.

**6.2 15<sup>th</sup> International Congress of Dietetics(ICD2008)” Global Dietetic Linkage and Cooperation for Human Health”:** Yokohama Japan 8-11 September 2008.

**6.3 Nutrition Congress-National Nutrition Congress 28<sup>th</sup> Sept-2<sup>nd</sup> October 2008: 22<sup>nd</sup> Biennial Congress of Nutrition Society of South Africa and 10<sup>th</sup> Biennial Congress of Association of Dietetics South Africa: “Evidence Based Nutrition: Leading the way in innovation”.** University of Pretoria Rautenbach Auditorium

**6.4 National Nutrition Congress: Bangkok next year.**

## 7. General

**Job Opportunities:** Contact SUna if you are able to do consulting work for Feedum.

**Formula Booklet:** UKZN has a formula booklet: if you would like one please contact Suna Kassier, R50 per booklet.

**Research:**Suna has got a group together to work on her research project. If you know of any eligible candidates that fall into the following category, please contact Pride Mtshali. Candidates can be male or female between age 23-40, BMI 27, who are committed to losing weight.

**Blood pressure monitor:** Suna has a blood pressure monitor that costs +-R620, it comes with two cuffs, one for obese patients. Please contact her if you would like one.

**Congratulations to:** Niresshnie Reddy who had a baby girl, Kiara.

Jessica Wilson who had a baby boy, Noah

Danielle Beaumont who had a baby girl, Avah

**AS closed the meeting at 9:30am**