



ASSOCIATION FOR DIETETICS IN SOUTH AFRICA

**MINUTES OF THE 1st ADSA KZN BRANCH COMMITTEE MEETING,
HELD AT ROYAL SECHABA REGIONAL OFFICE
ON 31st July 2006**

1. Welcome & Introduction

CH opened the meeting at 13h00 and welcomed all present

2. Present and Apologies

PRESENT

D Mthuli (DM) - exiting Chairperson
C Heine (CH) - Chairperson
Z Cuba (ZC) - Secretary
K Strachan (Nel) (KS) – PPD
T van Niekerk (TvN) - Sponsorship
T Reid (TR) - Treasurer

APOLOGIES

S Myeza (SM) - CPD
I Maharaj (IM) – Training & Career Development & PRO

3. Confirmation of previous minutes (19.04.2006)

The minutes were confirmed by DM and seconded by TvN.

4. Matters arising from the previous minutes

4.1 The new KZN Branch Committee

The new branch committee has 7 members, 2 of which were unable to make it to the meeting as indicated in point 2 above. The roles of the new members were also discussed and agreed on. Arrangements for handover from the previous committee were also finalized.

5. New Matters

5.1 Sponsorships

Michelle from Riverview manner will organize sponsorship of the next meeting. It was also noted that Nando's has agreed to sponsor a lunch at one of the meetings.

5.2 Topics, venues, dates and persons responsible for future meetings

Dates for meetings in 2007

It was discussed and agreed that Thursdays were good days for meetings. It was also noted that venues for meetings tended to be a problem due to technical issues and cost. There was a suggestion to try sourcing school venues as these were thought to have good facilities at very little or no cost. The following venue options were listed: Addington, IALH, Hillcrest, Highway Christian School.

TR suggested a needs analysis survey to investigate areas of interest to assist with planning of future meetings.

Dates	Topic	Responsible	Sponsorship	Current status
21 Sept 2006	Eating Disorders	CH & KS	Riverview Manor	Multi-disciplinary team of speakers- GP, Psychologist, Psychiatrist & Dietician
23 Nov 2006	Allergy symposium	TR & TvN	Nestle was willing to sponsor	We have speakers but need a venue. The meeting could possibly take 1 1/2 days, Fri & Sat. 24-25 Nov. 2006.

Dates for branch committee meetings in 2007

2 February 2007

30 March 2007 (AGM) ZC & SM were responsible for organizing and SASA would sponsor both the food and the venue.

27 July 2007

28 September 2007

6. CONGRESSES

Nutrition Congress 2006: Port Elizabeth

Diabetes Congress 2006: Cape Town

7. DATE FOR NEXT MEETING

Monday 16th October 2006 at 01h00pm, at the offices of Royal Sechaba Catering Services. It was noted that the duration of meetings would be about 1h30min.

8. GENERAL

CH is to formulate a checklist for meetings. All present members received lists of roles. It was noted that ZC would have to remember to post minutes to people who did not have e-mail addresses. ZC to investigate possibility of name tags for branch meetings.

9. CLOSURE

CH closed the meeting at 02h35.