



Minutes ADSA KZN Branch Meeting

Prime Human Performance Centre – 18 July 2014

Opening: Present and apologies as per registration list

Acceptance of previous minutes: Joanne Lerwick, seconded by Julie Peacock

Matters arising:

- a. ADSA membership cards: The cards last 6 years, with a new sticker being placed on the back at the beginning of each year. There are some KZN members who have not responded to emails from ADSA confirming their details and so their cards have not been printed yet. If you do not yet have a card, please email your full name and DT number to andrew@vdw.co.za or Linda.Drummond@kellogg.com to ensure your card gets printed in the next print run at the end of July.
- b. New meeting fees: Members pay R75, non-members pay R150, student members pay R40 and student non-members pay R80. ADSA KZN has the cheapest meeting fees in the country. The money is used to pay for a gift for speakers, awards throughout the year, to hold meetings if not enough sponsorship is provided and to organise the end of year function.
- c. Professional indemnity: Any independent health practitioners (i.e. PPD's) need to have professional indemnity cover (Health Professions Act 56 of 1974). ADSA members get reduced rates through Intersure. Non-ADSA members would pay an annual premium on R1000 for only R1000000 cover. ADSA members can get R2500000 for a R500 annual premium, R5000000 for a R980 annual premium or R10000000 for a R1940 annual premium. Contact Darius de Vries on 08614683777. Complete your proposal and POP and email/fax it to enquiries@intersure.co/za or 011 791 6300.

New matters:

- a. Future meetings: the next ADSA meeting is on the 3rd of October in PMB (venue TBC). It is hosted by Fresenius Kabi who will be speaking on Glutamine and updates from the FRANK conference. The meeting will be an extra hour longer than normal to



accommodate the ADSA road show and 5 ethics points will be available.

- b. The end of year function will take place at the end of November (date and venue TBC)
- c. The next PPD meeting will take place on the 19th of September (venue TBC). The topic will be updates on cancer management from the Cancer conference.

Congresses:

- a. SAAFoST Labelling workshop – 30th July (CT) R800
- b. Discovery Vitality Conference – 1st Aug 2014 (JHB) (5 CEU's)
- c. Ethics in a multi-disciplinary Health Care – 2nd Aug (CT) R1075 (12 CEU's) events@redeltraining.com
- d. Detox Summit 4-11th Aug www.amipro.co.za
- e. "Minding the food space" 5 modules R2050
Treating the emotional eater 16-17th Aug – Jhb
- f. Dieticians at work Supplement workshop – R975 (7 CEU's) info@dieticiansatwork.co.za
- g. ESPEN 11-12 Sept 2014
- h. NSSA / ADSA Nutrition Congress 16-19th Sept Jhb R2200
- i. INP – 17th Oct PMB
- j. The GUT as a sensory organ 8th Nov (JHB) 6 CEU's R627
excl www.amipro.co.za

General:

- a. Job opportunities: none brought forward
- b. Why become an ADSA member: Kerry Ann explained that this will be covered more in the ADSA road show but some important benefits of being an ADSA member includes:
 - i. ADSA site has a login function for members, which includes a wealth of information such as that on medical aids, policy's etc.
 - ii. ADSA provides media platforms via Facebook and Twitter, giving the profession media exposure
 - iii. ADSA is putting together a PPD interest group in which PPD's will collaborate to design guidelines for PPD's regarding medical



- aid information, charges etc. They are currently working with Discovery but hope to cover all medical aids.
- iv. ADSA provides guidance on social media use
 - v. ADSA offers a mentorship programme
 - vi. There are several ADSA working groups (sports nutrition, hospital, industry)
 - vii. ADSA provides feedback on regulations (such as “certificates of need”) to its members
 - viii. ADSA is an advocacy for the profession
 - ix. ADSA is looking into providing access to PEN (Practice based evidence in nutrition) for a reduced cost for members
 - x. Cheaper professional indemnity etc etc

Branch awards for 2014:

1. Christen Lahner was awarded the top PG diploma student award in 2013. It will be awarded again at the end of this year.
2. ADSA members to please put forward nominations for the Dietician of Excellence 2014 award. This is someone who is promoting nutrition and improving knowledge and health within their community, and perhaps going above and beyond their call of duty to achieve this.

Changes to ADSA committee:

Keegan Eichstadt has resigned from the KZN committee to join the Executive committee in the communications portfolio. ADSA KZN thanks you for all your help with sponsorship. Marisa Correia and Stephanie Joyner will be taking over Keegan’s portfolio.

Find a Dietician function on ADSA site:

Please will dieticians check the “Find a Dietician” function on the ADSA website, and if they do not find themselves there, please inform Andrew at andrew@vdw.co.za so that he can rectify it.

Closure:

“We can change the world and make it a better place. It is in your hands to make a difference”. Nelson Mandela.