

1. WELCOME

The meeting started at 9am

1.1. Additional points for the agenda

2. PRESENT / APOLOGIES

Apologies from:

- Sharon Hultzer
- Michelle Bristow
- Megan White
- Harlan van Wyk
- Sheila Somers
- Danielle Quail
- Hilda Esteves
- Lerusha Naidoo
- Kathy Krog
- Kelly Francis

3. ACCEPTANCE OF PREVIOUS MINUTES

The minutes were accepted by Julie Peacock and seconded by Marisa Correia.

No points were added to the minutes

4. MATTERS ARISING

4.1 ADSA Membership 2014

Email Andrew Nkosi: andrew@vdw.co.za

Membership cards – this will be a permanent card and have different colour stickers on the back for the different years of membership. They will last 6 years.

4.2 HPCSA registration 2014

R1312 by 1 April 2014

HPCSA BANKING DETAILS

Bank: ABSA

Branch: Arcadia

Branch Code: 632005

Account Number: 405 00 33 481 (Annual fees)

Account Type: Cheque Account

Include your HPCSA registration number as reference

For new registration use the ID number as reference

*** Note that the banking details for HPCSA have been corrected as the ones issued at the AGM were incorrect.**

4.3 Dietician of Excellence Award

It was disappointing in that we only received 3 nominations for this award. Although they were wonderful contributions it was felt that the dietitians did not go over and above their job to promote the dietetic profession. Thank you to those who nominated the dietitians and well done to the dietitians on being nominated.

This award will continue this year.

4.4 UKZN Post Graduate Award

This will be awarded to the post graduate dietetic student with the highest marks. It will be presented at the cocktail function hosted at Pietermaritzburg University Campus in April

4.5 Meeting Fees

Unfortunately we will be increasing our meeting fees in 2014.

Members R75

Student Members R40

Non Members R150

Non Student Members R80

4.6 Professional Indemnity

This is compulsory if you are in private practice. Feel free to shop around but ADSA has arranged a fantastic rate with intersure.

Contact Darius on enquiries@intersure.co.za or 086 1468 377

5. NEW MATTERS

5.1. Chairperson's report – *Kerry-Ann Dolloway*

~ We currently have 204 KZN ADSA members

~ Meetings in 2013:

- | | |
|---------------------------------|---|
| 1 st March 2013: | ADHD and Sensory Integration with regards to children - SASA full sponsorship |
| 10 th May 2013: | Food Labelling and Consumer Rights - ASPEN full sponsorship |
| 19 th July 2013: | Regulations relating to foodstuffs for infants and young children R991 - ADSA sponsorship |
| 6 th November 2013: | In's and Out's of Genetic Modification - FUTURELIFE full sponsorship |
| 29 th November 2013: | Members end of year meeting - ADSA sponsorship |

~ PPD Meetings in 2013:

19th March 2013: Introduction to Functional Medicine - AMIPRO & ADSA

11th October 2013 Digestive Issues & Probiotics - MDS & AMIPRO

14th November "Hot off the Press" – Functional Medicine & Nutrition - FUNCTIONAL MEDICINE SA

CPD: A total of 17 points were made available through meetings in 2013.

5.2 Treasurer's Report

There is R6057.65 in the bank account and R350 cash as of 28 February 2014.

6. FUTURE ADSA MEETINGS 2014

- April / June 2014 Tim Noakes Diet - ADSA
Fibre and Omega 3 - DSM & GLUCO-LESS
- August 2013 Clinical Nutrition - FRESENIUS KABI
- September 2013 Nutrition Congress*
- November 2013 Members end of year meeting
- PPD Meetings x2 Physical Examination, Professionalism etc

7. CONGRESSES

7.1 Nutritional Solutions CNE 10&11 April – R920 + Master Classes

Esse 0833761004 esse@corporatexposure.co.za

7.2 Dieticians @ Work sue@dieticiansatwork.co.za

a. Private Practice Management 7/3 Durban R1400

b. Renal Nutrition Workshop TBA R975

c. Nutritional Supplements 13/6 R975

- 7.3 NSSA / ADSA Nutrition Congress 17-19 Sept Jhb R2200
- 7.4 “Minding the food space” 5 modules R2050
 - a. Treating the emotional eater Aug – Jhb
- 7.5 events@redeltraining.com
 - a. Cancer Care Convention 8&9 May R875 C/T
 - b. Communications Skills for Health Professionals 6&7 March C/T R875
 - c. Ethics in Multi Disciplinary Health Care 12 April JHB R975
- 7.6 Personalized Functional and Lifestyle medicine approaches to Cancer prevention and treatment info@functionalmedicinesa.co.za 21 June Jhb 22 June C/T R650
- 7.7 INP

8. **GENERAL**

- 8.1 Job opportunities
 - a. Carol Browne - Zulu speaking dietician to present a nutrition workshop
Northern KZN carol@kiteco.co.za
 - b. Newcastle PPD jbdietician@gmail.com
 - c. IALCH Fedics rwarren@fedics.co.za
- 8.2 Liquid Lingo Communications - NNW

Twitter talk, Social Media, Radio (x9 interviews), Press releases, Magazines,
www.health24.com, www.all4women.co.za, www.iafrica.com, www.longevitymag.co.za, Daily News, The Herald
- 8.3 ADSA
 - a. PPD policy with all the medical aid codes, and things to know as a PPD (after there have been forensic audits on RD's using the wrong codes)
 - b. ADSA website will be completely new and only members will be able to access the log ins (including video's of previous meetings)



c. ADSA & NICUS are busy developing diet sheets that will be available for RD's to buy in the ADSA online bookstore

d. PR campaign to showcase RD's success stories with patients and then benefits of consulting a dietician.

8.4 Branch Award for 2014: Dietitian of Excellence Award

8.5 UKZN Post Graduate Award

8.6 ADSA KZN Committee was introduced to the new ADSA members

Chairperson: Kerry-Ann Dolloway (kdolloway@telkomsa.net)

Secretary: Nicole de Trevou (ndutrevou@gmail.com)

Treasurer: Michelle Bristow (michelle@futurelife.co.za)

CPD: Arisha Seevaparsaid (arishas82@gmail.com)

PPD: Megan White (meganwhitedietitian@gmail.com)

Membership: Harlan Van Wyk (harlan.vanwyk@bosasa.com)

Public Relations: Joanne Lerwick (jo.lerwick@telkomsa.net)

Sponsorship: Keegan Eichstadt (Keegan.eichstadt@unilever.com)

ADHOC member: Stephanie Joyner (stephjoyner18@gmail.com)

ADHOC member: Marisa Correia (correia.mal@gmail.com)

9. **CLOSURE**

Meeting was closed at 9:30 and was followed by a presentation by Prof Maryanne Senekal on "Low-Carbohydrate, High Protein Diets: Long-term solution for weight loss and health"