

13th March 2014

Dear Sir/Madam

My name is Chia-Chia Tina Lee. I am currently in my fourth and final year of studies in a BSc Dietetics degree at the University of Stellenbosch. This year is my student internship year and consists of practical exposure to the three main branches of dietetics: therapeutic nutrition, community nutrition and food service management.

Our practical exposure to the three main disciplines of dietetics is broken up into different rotations throughout the year and I am currently still on my first one: community nutrition. This is carried out mostly in the Bishop Lavis area and its health facilities within the community.

For food service management we will be exposed to the private and public health sectors. We are each assigned to a medi-clinic in and around the Tygerberg area. I will be doing my private health sector food service at Louis Leipoldt Medi-clinic and my public health sector food service unit will be at Tygerberg Academic Hospital.

Therapeutic nutrition will also take place at Tygerberg Academic Hospital, covering different aspects such as oncology, paediatrics, nephrology, surgery, critical care, cardiology, diabetes mellitus, burns and internal medicine.

An integration of all three disciplines will take place under the Ukwanda Rural Clinical School initiative of the University of Stellenbosch and I have been placed to carry this out in Worcester.

In addition, I am at present in the final phase of my research project which involves formally presenting the study findings and submitting an article. The research project is contributing to a study done by the University of Stellenbosch and Department of Health to assess the implementation of the new Road to Health Booklet and I expect the findings to be published within the next year.

I have thoroughly enjoyed my studies up to this point and am looking forward to what the future offers within the dietetics profession. I have an immense appreciation for the entire ADSA team, and being awarded the bursary has really helped me worry a little less about the financial costs of my studies and has enabled me to concentrate on my studies more.

I greatly anticipate becoming an ADSA community service member next year and continue to gain practical exposure throughout my community service year.

Yours faithfully,
Chia-Chia Tina Lee