

Ingabe icabanga ngani i-dietitian yakho?



Ama-dietitian ochwepheshe bendlela yokudla enomsoco. Basebenzisa isayensi nobufakazi bezimo zakho ukuze bakusize ufinyelele imiphumela emihle ngokunokwenzeka. Bazobuka amaphuzu amaningana mayelana nawe ukuze bazame ukukusiza wenze izinqumo zokudla ezilungile esimweni sakho sempilo.

UBUDALA NOBULILI



INDLELA OBUKEKA NGAYO UMZIMBA WAKHO



IZINGA LOKUNYAKAZA



INDLELA YOKUSEBENZA



UKUDLA/ IZAKHAMZIMBA



IBHAJETHI



UKUTHOLAKALA KOKUDLA



IMITHI EKHONA NJENGAMANJE



UMNDENI NENDLELA YOKUPHILA



IZINGA LEMFUNDO



ISIKO



ISIMO OPHILA NGAPHANSI KWASO



USAYIZI WOMZIMBA WAKHO



INKOLO NEZINKOLELO



IZIMPAWU NEMIBANDELA



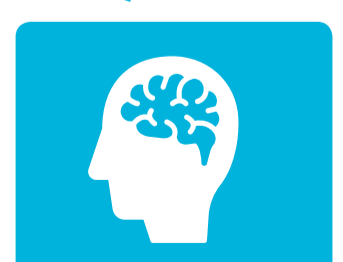
IMIKHUBA YOKUDLA NOKUNAMBITHA



AMAKHONO OKUPHEKA



ISIMO SAKHO ENGQONDWENI



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