

MINUTES ADSA KZN BRANCH MEETING

NOSH @ GIBA GORGE – 23RD APRIL 2015

WELCOME: The meeting started at 9am with no additional points to the agenda

OPENING:

Apologies: See register

ACCEPTANCE OF PREVIOUS MINUTES: Suzelle Nel, seconded by Matilda Hamman (ADSA KZN 25th AGM 16th February 2015)

MATTERS ARISING:

A. ADSA membership 2015:

Membership cards that have not been collected have been sent back to Johannesburg and will be couriered to the individuals. Please email Andrew Nkosi (andrew@vdw.co.za) to ensure that they have the correct postal address. The stickers for 2015 are a banana sticker and can be collected at the registration desk for today and future meetings. If you are unsure of where your card is or to ensure that your card gets printed in the next print run email your full name and DT number to andrew@vdw.co.za

B. New membership fees:

The new membership fees are R540 for full membership, R270 for retired membership and R123 students. The fee has increased substantially since last year due to the subscription to PEN (Practice-based Evidence in Nutrition) which is an incredible opportunity for all dietitians in South Africa. The group subscription is also an excellent deal as an individual subscription is R4760 excl. VAT per year. ADSA's membership fees are also still the most affordable world-wide.

C. UKZN Post graduate award

This award was presented to Amy Burt.

D. Professional indemnity

It is now compulsory for all independent health practitioners (i.e. PPD's) to have a professional indemnity cover (Health Professions Act 56 of 1974). ADSA members get reduced rates through Intesure. Non-ADSA members would pay an annual premium on R1000 for only R1000000 cover. ADSA members can get R2500000 for a R500 annual premium, R5000000 for a R980 annual premium or R10000000 for a R1940 annual premium. Contact Darius de Vries at Intesure on 08614683777. Complete your proposal and POP and email/fax it to enquiries@intesure.co.za or (011)791 6300

Interest groups

ADSA has 3 interest groups currently running: hospital, industry and sport. Each interest group exists to discuss latest news, information and concerns etc. If you are interested in joining an interest group you can email ADSA head office (info@adsa.org.za).

E. Mentorship programme

ADSA is offering a mentorship programme which is available to ADSA members. In KZN we currently have a mentor available in state so if you are interested in becoming a mentee within the state dietetics field, please contact ADSA head office (info@adsa.org.za). If anyone wants to become a mentor or mentee to please contact head office.

F. CPD

There are several ways to obtain your annual CPD points such as Fresenius Kabi or Nestle websites. SAMA points may also be used as CPD points if the topic is relevant. Contact Charlene Goosen (cpd@adsa.org.za) for more information.

NEW MATTERS:

A. National days

Below is a list of national days to be aware of in order to plan awareness days, campaigns or events around in your practices or government hospitals.

May 2015	June 2015
Anti-Tobacco Campaign Month	National Blood Donor Month
International Multiple Sclerosis Month	Men's Health Month
Burns Awareness Month	
5 World Asthma Day	3-9 World Heart Rhythm Week
6-12 Burns Awareness Week	5 World Environmental Day
7 Burns Awareness Week	7 International Cancer Survivors' Day
8 World Red Cross Day	14 World Blood Donor Day
10 World Move for Health day	15-21 National Epilepsy Week
12 World Chronic Fatigue and Immune Dysfunction Syndrome Day	21 National Epilepsy Day
17 World Hypertension Day	24-28 SANCA Drug Awareness Week
27 World Multiple Sclerosis Day	
31 World no Tobacco Day	

B. New ADSA KZN committee

- Chairperson: Kerry-Ann Dolloway (kerry@healthinbalance.co.za)
- Secretary: Nicole de Trevou (ndutrevou@gmail.com)
- Treasurer: Joanne Lerwick (jo.lerwick@telkomsa.net)
- CPD & PPD: Megan White (meganwhitedietitian@gmail.com)
- Sponsorship: Stephanie Joyner (stephjoyner18@gmail.com)
Marisa Baglione (marisa.baglione@gmail.com)
- Membership & PR: Megan Lee (meganlee@futurelife.co.za)

C. Career days

ADSA has a pamphlet about the dietetics profession that can be used at these days. You can also put up banners to promote the profession. Please take photos and send to meganlee@futurelife.co.za

D. PPD

There are several PPD's who are not on the list of PPD's. Please email meganwhitedietitian@gmail.com if you are unsure and if you are not receiving information or invitations.

E. HPCSA

If a dietitian encounters someone working outside their scope of practice, they can email alpha (alpha@council.co.za). This can only govern individuals who are registered with the HPCSA.

FUTURE KZN ADSA MEETINGS 2015

- 19th June - Latest developments in cancer and diet Coyne (Dr Muir) - Gateway
- August & November 2015
 - Delta - Eating disorders
 - Fresenius Kabi - tba
- December 2015- Members end of year meeting
- PPD Meeting 29th May - (Highway area) - Inflammation, FODMAP, Fermented food (Sproutit)

CONGRESSES:

- **Sexual and hormonal health – AmiPro**
16 (Jhb) & 17 (CT) May tarynleas@amipro.co.za
- **Dieticians @ Work** sue@dieticiansatwork.co.za
Nutritional supplements 5-6 June
- **INP**
October
- **Saafost Conference**
6-9 September saafost.org.za

GENERAL:

A. Job opportunities:

None brought forward. Unsure if the RESAF position has been filled.

B. Charities:

ADSA would like to run a drive for a charity at each meeting such as bring non-perishable food items for needy charities etc.

Thank you to all that donated food today. It will be taken to the camp at Westcliff in Chatsworth. If anyone has a charity or request please let us know.

C. Research

If anyone would like a 10mins to share their research at ADSA meetings please let stephjoyner18@gmail.com or marisa.baglione@gmail.com to add you onto the agenda.

CLOSURE: “Success is the maximum utilization of the ability that you have” - Zig Ziglar.