

The many reasons to join ADSA today!

The Association for Dietetics in South Africa (ADSA) is a professional organisation for Registered Dietitians. The primary aims of the Association are to serve the interests of Dietitians in South Africa and promote the nutritional well-being of the community.

ADSA's VISION:

To represent and develop the dietetic profession to contribute towards achieving optimal nutrition for all South Africans.

ADSA's MISSION:

As the registered professionals in the field of dietetics and nutrition we support and promote the continued growth of the profession of dietetics in South Africa.



We are proud to offer the following exciting benefits to ADSA members:

Members receive regular, relevant communication:

- Keeping you informed with FREE weekly notices including job notifications, information about new products, upcoming events and information on key issues that affect the profession
- Regular newsletters so you can stay in touch with what your peers are up to
- Offer invaluable advice and mentorship from the executive committee

ADSA helps you to stay connected:

With other members

- ADSA's ten branches provide dietitians with the opportunity to meet and network with other professionals in their provinces
- ADSA's closed Facebook group allows members to interact with one another and form part of the ADSA community, get advice from their peers and share job vacancies

With the public

- ADSA actively promotes the profession by running PR campaigns and activities throughout the year
- ADSA's presence on social media enables dietitians, as well as the public, to have access to credible nutrition information
- ADSA spokespeople provide comments on nutrition-related issues in the media

With potential patients

- The public can find ADSA members in their area using the 'Find a dietitian' search tool on ADSA's website

ADSA promotes YOU and the profession through providing resources for:

- Pregnancy Awareness Week
- Dietitians Week
- Corporate Wellness Week
- World Breastfeeding Week
- National Nutrition & Obesity Week
- World Diabetes Day

ADSA represents you:

- In a number of forums that relate to nutrition and dietetics to ensure that members are kept up to date on key issues that will impact the profession

ADSA helps you to stay up-to-date:

- An online library of peer-reviewed resources for nutrition and dietetic practice through access to PEN (Practice-based Evidence in Nutrition)
- Various ADSA interest groups
- Video clips of presentations from branch activities
- Executive summaries of new research
- CPD articles
- Nutrition information articles
- Policies and Guidelines
- Free copy of the SAJCN (hard copy and online)

For more information or to join ADSA, visit www.adsa.org.za or email info@adsa.org.za



ADSA looks out for its members:

- Member resources on the ADSA website are protected by a login function, ensuring that this information is only available to ADSA members
- We offer a bursary for deserving ADSA student members
- We advocate for special rates on applicable services (such as professional indemnity) for our members

ADSA helps you earn CPD points:

- Discounted access to attend regular popular CPD activities held at branch level
- Discounted access to the Nutrition Congress held every second year



IT'S ALL ABOUT NUTRITION