

**MINUTES:**  
**ADSA KZN Branch Meeting held at 18h00 on 21st July 2016**  
**at Robyndale Centre, Kloof**

**PRESENT**

See Register

**IN ATTENDANCE**

Nicole du Trevou

**1. Welcome**

**2. Apologies Received**

None

**3. Additional Points to the Agenda**

None

**4. Acceptance of Previous Minutes (6<sup>th</sup> May 2016)**

Megan White

Kerry-Ann Dolloway [seconded]

**5. Matters Arising**

**5.1 Zapper**

The Zapper QR code will be included on the next branch meeting invitation

**5.2 Membership Cards**

ADSA Exec have decided to stop the usage of membership cards

**5.3 Social Media**

- Every 6 weeks each ADSA branch is responsible for providing content on the ADSA facebook page for a period of one week.
- It is requested that members of ADSA KZN provide ideas/suggestions for content to be included on the facebook page to assist the committee in providing topical and interesting content. Ideas can range from interesting articles, blog posts, scientifically sound nutrition content right through to anything linked to health awareness days/weeks. Please send in your ideas to [adsakzn@gmail.com](mailto:adsakzn@gmail.com).

**6. New Matters**

**6.1 Constitution Reviews**

Extracted from the weekly mailer on the 18<sup>th</sup> July 2016:

ADSA's Executive Committee has reviewed the constitution and decided that a revision needed to be made due to the nature in which technology has changed our communication methods, growth within the organisation as well as changes to various portfolios.

Click [here](#) to review the current version of the constitution and [here](#) to review the NEW proposed constitution. We have also outlined the changes that we have proposed for your perusal – click [here](#) to view this document.

## 6.2 Proxy Forms

As per the current constitution **ARTICLE XIII**, for any change to take place members need to be informed of the suggested changes within 30 days. These amendments will be tabled and voted for at the BGM at the Nutrition Congress (Somerset West, 3-5 September 2016). Should you not be able to attend and would like to accept the changes made to the constitution you may vote by proxy - click [here](#) to download. Original signed proxy forms can be sent with a colleague that will be attending the BGM OR posted to ADSA (4 Karen Street, Bryanston West, Gauteng) OR a signed original form may be emailed to [adsacomms@gmail.com](mailto:adsacomms@gmail.com)

## 6.3 ADSA Slogan Competition

Extracted from the weekly mailer emailed out on the 5<sup>th</sup> of July 2016:

ADSA is potentially looking for a new slogan and we want YOUR ideas. The person that submits the winning slogan will win R1000.00 voucher from Pick n Pay. You do not need to be an ADSA member to win so feel welcome to share this competition with your marketing and creative colleagues/ friends.

Here are some pointers to help you come up with the perfect slogan:

- Short and easy to understand
- The slogan should apply to nutritionists and dietitians who are members of ADSA

The slogan should also represent ADSA's vision and mission:

**ADSA's VISION:** To represent and develop the dietetic profession to contribute towards achieving optimal nutrition for all South Africans.

**ADSA's MISSION:** As the registered professionals in the field of dietetics and nutrition we support and promote the continued growth of the profession of dietetics in South Africa.

Please send your suggestions to Nicole du Trevou at [adsaexecsecretary@gmail.com](mailto:adsaexecsecretary@gmail.com) by no later than the **25 July 2016**.

## 6.4 PPD Meetings

- ADSA KZN is the only province that arrange separate CPD accredited PPD meetings
- The current PPD meeting format needs to be reviewed. ADSA KZN members to please propose ideas for a new PPD meeting format.
- One of the proposed ideas is to hold a journal club

## 6.5 Comments on proposed sugar tax

Extracted from the weekly mailer emailed on the 13<sup>th</sup> of July 2016

The proposed Sugar tax policy is now open for public comment until **20 August 2016**. If you would like to view the media statement, click [here](#) and click [here](#) to view the policy document.

## 6.6 World Food Day 2016: Activity Book and Competition

Extracted from the weekly mailer emailed on the 28<sup>th</sup> of June 2016

The FAO has developed awareness materials for World Food Day 2016 – 16 October 2016. The theme is "Climate is changing. Food and agriculture must too." Click [here](#) to review the activity book in preparation for World Food Day.

*More about the competition:*

"If you are between 5 and 19 years old you can design a poster on the World Food Day theme and if you are between 13 and 19 years old, you can also produce a video, no longer than 1 minute, telling us

what you think about climate change, food and agriculture. Entering is simple. Children, teachers or educators can go to the following [website](#) to submit the poster or video. The deadline for entries is 30 September 2016. Winners of the poster and video contest will be announced on the World Food Day website, on FAO's social media channels and promoted by FAO offices all over the world. They will also feature in an exhibition at FAO headquarters in Rome during World Food Week (10-14 October 2016) and receive a Certificate of Recognition and a surprise gift bag."

## **7. Future Meetings**

### **7.1 14<sup>th</sup>/15<sup>th</sup> October – Vitamin D in Sport & the Clinical setting**

## **8. Congresses**

### **8.1 Nutrition Congress 3-5 Sept 2016**

### **8.2 Practice Made Perfect 26-28<sup>th</sup> July (JHB)**

### **8.3 World Nutrition 30<sup>th</sup> Aug – 2 Sept (CPT)**

### **8.4 Dr Bridget Briggs – CVD – 12<sup>th</sup> Aug**

### **8.5 Jeffrey Bland – 5<sup>th</sup> Nov**

### **8.6 Abbott CME 17<sup>th</sup> August – Suncoast Casino Evening Event**

## **9. General**

### **9.1 Job Opportunities**

#### **9.1.1 RESAF Key Accounts Manager**

#### **9.1.2 TAFTA FS Dietitian**

Free service preferable due to TAFTA being an NPO

#### **9.1.3 Associate Dietitian Pmb/Hilton**

[rdrecruitment0@gmail.com](mailto:rdrecruitment0@gmail.com)

Closing date for applications 22<sup>nd</sup> of July 2016

### **9.2 PEN Reviews**

Please can ADSA KZN members participate in PEN reviews in any of the topics listed below:

The PEN topics

1. Deletion Syndrome Background
2. Failure to Thrive Knowledge Pathway
3. Genetically Modified Organisms (GMO)
4. Low CHO Practice Questions
5. Downs Syndrome
6. Alkaline Diet Practice Questions
7. Food Fraud Background
8. Intentional Fasting Practice Questions

If you are interested in assisting with the review of any of the following topics, please send an email to [adsa.cpd@gmail.com](mailto:adsa.cpd@gmail.com) stating the topic/s you have experience in and providing your contact details.

## **10. Closure**

Meeting closed at 18h15pm

## **DATE OF NEXT MEETING**

14<sup>th</sup>/15<sup>th</sup> October 2016