

# ADSA MEMBER BENEFITS (2017)



*The ADSA executive committee is proud to announce the new member benefits that ADSA now has to offer you as a registered dietitian.*

*These benefits are available to you on the new login protected ADSA website – Enjoy!*





## All ADSA members have access to the following:

- ✓ Log in protected benefits on **ADSA's website**
- ✓ **Weekly mailer** and job notifications
- ✓ **Professional indemnity cover** at a significantly reduced rate
- ✓ Access to **PEN resources** (practice-based evidence in nutrition)
- ✓ **Nutrition education workshops** and **CPD events** at significantly reduced rates
- ✓ **SAJCN**
- ✓ **Mentorship** programme
- ✓ Nutrition Confidence blog
- ✓ **Regular updates** on HPCSA regulations, billing tariffs
- ✓ **Find a dietitian** service for the public



## NUTRITION TIPS FOR ACTIVE CHILDREN

August is Kids Eat Right Month, a new nutrition education, information sharing and action campaign created by Kids Eat Right, an initiative of the Academy of Nutrition and Dietetics and its Foundation. The campaign spotlights healthy nutrition and active lifestyles for children and families.

[KNOW MORE](#)





# KNOWLEDGE IS POWER BUT ONLY WHEN SHARED



- ✓ Presence on **social media**
- ✓ Actively **promoting the profession** through media exposure
- ✓ **Bursary** for ADSA student members
- ✓ **Social media guidelines** – available on website and published in SAJCN
- ✓ ADSA is a member of the **ICDA**
- ✓ **Representing dietitians** within various sectors:
  - Billing guidelines
  - Certificate of need discussions
  - Labelling regulations
  - Interest groups: Hospital Dietitians, Sports Nutrition



PEN – practice based  
evidence in nutrition  
(cost R 5000 / person / year)



<http://www.pennutrition.com/index.aspx>

**Sign up for a 2 week free trial!**



Biokineticists  
R2080 per year

Occupational  
therapists  
R1210 per year

Physio  
Therapists  
R3874 per year

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SAJCN cost per member	R 450
PEN per person would cost	R 5000
Professional indemnity saving	R 1000
Saving for branch activities	R 500

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**Your ADSA membership is worth R 6950**  
**New annual ADSA rate (2017) – R650**